

Incoming student mobility

UNIOS University Unit: Faculty of Dental Medicine and Health in Osijek

COURSES OFFERED IN FOREIGN LANGUAGE FOR ERASMUS+ INDIVIDUAL INCOMING STUDENTS

Study program	University Graduate Study in Physiotherapy
Study level	Graduate
Course title	PHYSICAL THERAPY IN PRIMARY PREVENTION
Course code (if any)	PhyTh404
Language of instruction	English
Brief course description	<p>Primary prevention: definition, characteristics, goals, target groups, preventive approach, preventive measures. Health promotion: basic characteristics, basic approach, interdisciplinary network, health promotion process. Healthy lifestyle: health, determinants of health, risk factors, behavioral theories and models related to health, lifestyle, the importance of a healthy lifestyle for the individual and the community. Physical activity: positive aspects of exercise at each age at different levels; tests to identify preventive needs; planning, performing and evaluating physical activity protocols for different populations; conditions for appropriate performance of physical activities. Key fields for physiotherapy in primary prevention: the role of physiotherapy in primary prevention; promotion of regular exercise at any age; prevention of chronic non-communicable diseases; ergonomics in the workplace; programs and projects in Croatia and the European Union involving physiotherapists.</p>
Form of assessment	Written exam
Number of ECTS	5
Class hours per week	30
Minimum number of students	30
Period of realization	Winter
Lecturer	<p>Professor Savo Jovanović, MD Marinko Žulj, MD Davor Lešić, MSc in Physiotherapy</p>

ERASMUS+

EU programme for education, training, youth and sport